



Consciousness

Books by Shakti Gawain:

- *Creative Visualization*
- *Living in the Light*
- *Developing Intuition: Practical Guidance for Daily Life*

Inspirational American author Shakti Gawain explores consciousness through her clearly written best selling books. An early luminary in the realm of expanding consciousness.

Autobiography of a Yogi by Paramahansa Yogananda (1893-1952) (ISBN 0-87612-076-6 \$6.00)

This life story of the great East Indian teacher Yogananda who lived in the United States from 1920- 1952 is interwoven with the deep wisdom of India. A perennial best seller.

"When you finish this book you're not the same person who started."

Ras Clive Davis, Poet & Chef
Hanover, Jamaica

Awakening the Buddha Within: Tibetan Wisdom for the Western World by Lama Surya Das

An American teacher's introduction to how Tibetan Buddhist views and ways can enhance awareness, understanding and compassion in our daily lives.

Handbook to Higher Consciousness by Ken Keyes, Jr.

Since 1972 this non-religion based volume has helped many to grow in consciousness and love.

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